




## Early Help Offer

The Early Help Offer is an approach, rather than a service. It respects every family's right to access information to help manage their own lives successfully, whilst guiding them to seek support from appropriate sources. Help can then be agreed as soon as concerns start to emerge. The 'Offer' is for all children, as issues may arise at any point in a child or young person's life. It includes both universal and targeted /specialist services, to reduce or prevent concerns from growing or becoming entrenched. All our Early Help is offered in partnership with parents and carers.

Providing early help to our children and families at St Stephen's RSA Academy means we are more effective in promoting support as soon as we can. Early help means providing support as soon as a problem emerges, at any point in a child's life, beginning with the early years. We endeavour to create a school ethos that promotes trust between all adults and children, so that all children know who they are able to talk to if they have any concerns or worries.

Within school we provide the following early help support for all children, striving to ensure concerns, no matter how small, are listened to and supported effectively:

Worcestershire Early Help Services	To address specific concerns within a number of key areas: mental health, domestic abuse, drug or alcohol dependency, your child starting school, a struggling lone parent, debt problems and housing problems.	Referrals can be made through Worcestershire's Early Help: <a href="http://www.worcestershire.gov.uk/requestfamilysupport">http://www.worcestershire.gov.uk/requestfamilysupport</a>
'Wrap Around' Care	'Holly Tree's a local child care provider, to provide before and after school care for children attending school.	Tel. 01527 591739
Holly Trees Children's Centre	Part of Starting Well Partnership. They are onsite in Holly Tree's Children's Centre. Running courses, and a wealth of services such as Midwife support and other health related services. They run regular course including SEND Support and Parenting classes.	01527 61360
Designated Senior Mental Health Lead	The school has a Designated Senior Mental Health Lead recently trained by the DfE to support	Elaine Ralph The government is working on a funding allocation in order to train a Designated Mental Health Lead (DMHL) in every educational setting in England by 2025. The aim is to drive the cultural transformation, early intervention and support strategies required for students experiencing poor mental health to help them cope and succeed.

<p>Mental Health First Aid</p>  <p>MHFA England</p>	<p>The school has two staff members who have completed the Mental Health First Aid training programme. They are trained to spot signs and symptoms of common mental health issues, provide non-judgmental support and reassurance, and guide the young person or adult to seek the professional support they may need to help them recover.</p>	<p>Elaine Ralph Sarah Callanan Pop into the office to speak with them regarding this issue.</p>
<p>Safeguarding</p>	<p>St Stephen's RSA Academy believes safeguarding is everyone's responsibility. All adults in school receive regular statutory update training. The Designated Safeguarding Lead (Mrs Callanan) and Deputy Designated Safeguarding Leads (Mrs Barrett &amp; Miss Basche) have received specialist training on Child Sexual Exploitation, Prevent, Extremism and Female Genital Mutilation.</p>	<p>Sarah Callanan -DSL Sarah Barrett -DDSL Sophie Basche- DDSL Early Years Lauren Cullen – E-Safety</p>
<p>NSPCC</p>	<p>School has a long standing relationship with the NSPCC charity. We host them in school to provide assemblies and workshops and use their resources on their 'Speak Out, Stay Safe' programme, helping children to keep safe.</p>	<p><a href="https://www.nspcc.org.uk/">https://www.nspcc.org.uk/</a> Helpline: 0808 800 5000</p>
<p>Curriculum</p>	<p>PSHE Programme: Our school delivers comprehensive Personal, Social, Health and Economics, (PSHE) and Relationship and Sex Education (RSE) programmes. These further support the children's understanding of how to keep themselves safe. It also broadens their understanding of strategies to develop their resilience, as well as their awareness of their mental health and approaches to keep this aspect of their lives healthy.</p>	<p>The school uses 'Islington PSHE/RSE scheme. This is further supplemented with bespoke relationship and Sex education resources such as PANTs, respectful relationship resources to encourage equality and HeartSmart.</p>
<p>On-line safety</p>	<p>Stand-alone units on Internet Safety are taught across the whole school and reinforced throughout the computing curriculum. We include regular updates in our newsletters, responding to concerns raised by pupils, parents and staff. Mrs Cullen is the school's E-safety co-ordinator and has attended specialist training in this area.</p>	<p>Please see links to resources on our website page – Keeping Children Safe Online and on our Safeguarding Parents' Advice page.</p>
<p>Links with outside agencies</p>	<p>St Stephen's maintains a close working relationship with a range of outside agencies, who we can call on to provide support when needed:</p> <ul style="list-style-type: none"> <li>• Early Intervention Family Support</li> <li>• Children's Services</li> <li>• Educational Psychology</li> <li>• Behaviour Support Team</li> </ul>	<p><a href="http://www.worcestershire.gov.uk/earlyhelpfamilysupport">http://www.worcestershire.gov.uk/earlyhelpfamilysupport</a></p>

	<ul style="list-style-type: none"> <li>• Complex Communication Needs Team (CCN Team)</li> <li>• School Nurse</li> </ul>	
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**Here are a number of other Agencies and Charities that provide free advice and support to families on a wide range of issues:**

Citizen's Advice Bureau	School sign posts parents and families to CAB for advice and support on a range of different issues which could be affecting their lives. For example: housing, debt and money management, cancer and palliative care support.	<b>Redditch Citizens Advice Bureau</b> , Suite E, Canon Newton House, Evesham Walk, <b>Redditch</b> , Worcestershire, B97 4HA Tel: 03444 111 303 <b>Email:</b> <a href="mailto:enquiries@bromsgrovecab.cabnet.org.uk">enquiries@bromsgrovecab.cabnet.org.uk</a>
Worcester Food Bank	Vouchers can be obtained for emergency food, as well as staff providing advice and support on a range of different matters. School can give out vouchers for the long school holidays. Please contact the school office, or Mr Burnage or Ms Hall for more information.	<b>Redditch Foodbank.</b> Main Location. The Link, Unit 18, Winyates Centre, Redditch B98 0NR Email: <a href="mailto:info@redditch.foodbank.org.uk">info@redditch.foodbank.org.uk</a> 01527 529117
Homestart	Home-Start is a local community network of trained volunteers and expert support helping families with young children through their challenging times.	Tel. 0116 464 5490 Email: <a href="mailto:info@home-start.org.uk">info@home-start.org.uk</a> <a href="https://www.home-start.org.uk">https://www.home-start.org.uk</a>
Two Pennies Money Advice	A charity that gives advice on how to manage finances, benefits and any debt issues.	The Angel Centre Angel Place Worcester WR1 3QN Tel. 01905 27001 Email: <a href="mailto:advisor@twopennies.org.uk">advisor@twopennies.org.uk</a> <a href="https://www.twopennies.org.uk/">https://www.twopennies.org.uk/</a>
Touchstones	A local charity providing support for bereaved children, young people and their families in Worcestershire following the death of a parent, sibling or other significant person in their life. They support bereaved children and young people, and help them manage their grief.	Tel. 07547 367267 <b><a href="mailto:info@touchstones-support.org.uk">info@touchstones-support.org.uk</a></b>
Winston's Wish	A national charity providing support for bereaved children and their families.	Freephone National Helpline: 08088 020 021 Email: <a href="mailto:info@winstonswish.org">info@winstonswish.org</a> <a href="https://www.winstonswish.org/">https://www.winstonswish.org/</a>

Hollie Guard	A smartphone app that provides enhanced levels of protection. A simple shake or tap can activate Hollie Guard, automatically sending your location and audio/video evidence to your designated contacts.	<a href="https://hollieguard.com/">https://hollieguard.com/</a>
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Sarah Callanan - Principal