

## Positive Descriptors

Thrive positive descriptors for each of the building blocks/developmental strands:

### Being

Key task: to have a positive experience of dependency and move on. This child or young person will be self-assured, confident and appropriately trusting of others. They will be receptive of the world and have a capacity for joy. They will ask for help and will demonstrate the full range of feelings. This child or young person will have established the foundations for making good relationships.

### Doing

Key task: to get support while being creative and active; to explore doing things. This child or young person will confidently approach a wide range of activities. They will enjoy investigation and exploring and will use these experiences to learn about environment. They explore their potential through curiosity, creativity and taking initiative. They are active and can be easily stimulated to take an interest. This child or young person learns through and from doing and being actively involved and processing their own experiences.

### Thinking

Key task: to understand cause and effect and problem solving; to know about feelings and express them appropriately. This child or young person can think for themselves. They can think about their feelings and are beginning to express and handle their feelings appropriately. They can make the link between cause and effect and can understand boundaries/rules. The child or young person is able to take responsibility for their actions and ask for help when needed. This child has been supported by a close adult to make sense of their experience and the world about them.

### Power and identity

Key task: developing a positive sense of self and understanding self and others. This child or young person is developing a positive sense of themselves and establishing an individual identity. They are discovering different roles and relationships with others. They understand the consequences of their behaviour and are familiar with social expectations. This child or young person is acquiring information about the world, their bodies and their gender identity/role.

### Being skilful (or skills and structure)

Key task: to learn about their own and others' way of doing things; to develop new skills. This child or young person takes pleasure in thinking about different ways of doing things and acquiring new skills. They take pleasure in difference and are curious about new and different experiences. They enjoy having appropriate responsibilities and understand the need for rules and regulations. Exploration and thought are being given to the values that underpin rules. They identify strongly with peers of the same gender as themselves.

### Interdependence

Key task: to learn about independence and interdependence; to look forward to being an adult; to recycle unmet needs. This young person is having positive experiences of being an individual and being independent. Sometimes they legitimately need support and are dependent. They test their independence in the context of new experiences, opportunities and challenges. The young person is interested in solving complex problems and will test and question rules to find a direction for themselves. This young person trusts adults enough to know when, where and how to go for help or information when necessary. They are developing a comfortable sexual identity and know about risks and can make informed choices.